
Remember to Take Your Medications



IT'S AS SIMPLE AS 1, 2, 3!

1. Choose one day of the week to sit down and organize your medications
2. Place your medications into the pill box so that each day has all your required medications
3. Take your medications each day at the same time

REPEAT!

We recommend asking your caregiver or provider to assist in loading the pill box with the appropriate medications.

Do you take your medications at different times of the day? You can customize the pill box to organize your a.m. and p.m. medications. Just change the label on the cap using a marker or sticker so you know what each section represents.

MeridianComplete is a health plan that contracts with both Medicare and Michigan Medicaid to provide benefits of both programs to enrollees.



